



## Interclub Poomsae Entry Form

**Sunday 16<sup>th</sup> May 12:00 noon - 2:00 pm**  
(Registration at 11:30am)

**Whitehorse Aquatic & Leisure Centre**  
(Near corner of Canterbury Road & Elgar Road, Box Hill)

**Entry Fee: \$30 for the first event, \$10 for each additional event. Forms to be returned by Friday 7<sup>th</sup> May.**

Name: \_\_\_\_\_  Male  Female

Belt:  Blue  Red  Black

Age:  8-10  11-13  14-17  18-30  31-40  40+

**Individual Standard Poomsae:**

(i.e. Taeguk 1-8, Koryo, Gumgang, Taebek, Pyonwon, Shipjin, Jitae, Chonkwon, Hansu, Ilyo)

Poomsae 1: \_\_\_\_\_ Poomsae 2: \_\_\_\_\_

**Pairs Standard Poomse:** (Note: Pairs should consist of 2 players only)

Team Name: \_\_\_\_\_ Poomsae: \_\_\_\_\_

Other Competitors name: \_\_\_\_\_

**Team Standard Poomse:** (Note: Teams should consist of 3 players only)

Team Name: \_\_\_\_\_ Poomsae: \_\_\_\_\_

Other Competitors names: \_\_\_\_\_

**Consent Information** (to be filled out & signed by person aged 18 or over)

I \_\_\_\_\_, being the applicant/parent/legal guardian, do give permission for myself/son/daughter to participate in the MTC Interbranch Poomse Competition. I understand that Taekwondo is a physical sport and that sometimes injuries may occur due to accidents. I will not hold the Melbourne Taekwondo Centre, its instructors or event organisers and helpers responsible for any injuries. I also give permission to Melbourne Taekwondo Centre, its instructors or event organisers and helpers, to seek or administer first aid in case of injury.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_



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