

Level (gup)	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Musketeer (4 - 7 years) Class duration 35 minutes for all Musketeer classes						
Beginner Musketeer	4:00 PM	4:00 PM	4:00 PM	4:25 PM	4:00 PM	9:00 AM
Musketeer white belt 2 - 6 stripes	4:00 PM	4:00 PM	4:00 PM	4:25 PM	4:00 PM	9:00 AM
Musketeer orange belt 0 stripes	4:25 PM	4:25 PM	4:25 PM	4:25 PM	4:00 PM	9:25 AM
Musketeer orange belt 2 stripes	4:25 PM	4:25 PM	4:25 PM	4:25 PM	4:00 PM	9:25 AM
Musketeer orange belt 4 - 6 stripes	4:25 PM	4:25 PM	4:25 PM	4:25 PM	4:00 PM	9:25 AM
Musketeer yellow belt 0 stripes	4:25 PM	4:25 PM	4:25 PM	4:25 PM	4:00 PM	9:25 AM
Musketeer yellow belt 2 - 6 stripes	4:25 PM	4:25 PM	4:25 PM	4:25 PM	4:00 PM	9:25 AM
Musketeer blue belt	At this level Musketeers will be assessed for their readiness for promotion to Junior classes					
Junior (8 - 13 years) Class duration 45 minutes for all Junior classes						
Junior beginner and white belts	4:50 PM	4:50 PM	4:50 PM	4:50 PM	4:25 PM	9:50 AM
Junior yellow belt 2 - 6 stripes	4:50 PM	4:50 PM	4:50 PM	4:50 PM	4:25 PM	9:50 AM
Junior blue belt 0 - 3 stripes	4:50 PM	4:50 PM	4:50 PM	4:50 PM	4:25 PM	9:50 AM
Junior blue belt 4 - 5 stripes	4:50 PM	4:50 PM	4:50 PM	4:50 PM	4:25 PM	10:25 AM
Junior blue belt 6 stripes	4:50 PM	4:50 PM	4:50 PM	5:25 PM	4:25 PM	10:25 AM
Junior red belt 0 - 5 stripes	5:25 PM	5:25 PM	5:25 PM	5:25 PM	5:00 PM	10:25 AM
Junior red belt 6 stripes	5:25 PM	5:25 PM	5:25 PM	5:25 PM	5:00 PM	11:00 AM
Cho dan bo 1 - 2 stripes	6:00 PM	6:00 PM	6:00 PM	6:00 PM	5:00 PM	11:00 AM
Probationary black belt 0 stripe	6:00 PM	6:00 PM	6:00 PM	6:00 PM	5:35 PM	11:00 AM
Probationary black belt 1 stripe	6:00 PM	6:00 PM	6:00 PM	6:00 PM	5:35 PM	11:00 AM
All black belt pum levels	6:35 PM	6:35 PM	6:35 PM	6:35 PM	5:35 PM	11:35 AM
Fight classes (strictly by invitation or assessment only)						
Youth, cadets & juniors		7:30 PM		7:30 PM	6:30 PM	
Experienced juniors & seniors	7:45:00 PM (GW)			8:30 PM	6:30 PM	7:15 AM
Maniacs (competition) groups	Saturday: Check your maniacs schedule weekly					
Adults 14 years + Class duration 1 1/4 hour						
Adult entry level - beginners		9:30 AM	7:30 PM	9:30 AM		
Adult - yellow belts		9:30 AM	7:30 PM	9:30 AM		
Adult - blue belts	7:30 PM	9:30 AM	7:30 PM	9:30 AM		
Adult - red and black belts	7:30 PM	9:30 AM	7:30 PM	9:30 AM	Sunday classes as scheduled	
Timetable is subject to change. All classes must be confirmed with our office.						
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